

Belles & Beaux

A Christian Fellowship for Adults 50 Plus
Monument Heights Baptist Church, 5716 Monument Ave., Richmond, VA 23226
Bill & Ann Kitchens, Co-Presidents, 804-741-2656

JULY - SEPTEMBER - 2009

TRAVEL TIME

AUGUST 14TH (Friday) - Join the B&B's on a visit to the **Virginia Baptist Historical Society**, located on the campus of the University of Richmond. Fred Anderson, Executive Director of the Society, will be the guide for the tour. After the tour, lunch will be in the Heilman Center on campus.

The lunch will cost approximately \$7.00, which you will pay that day.

Leave the church at 9:30 a.m., and return following lunch.

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NOVEMBER 20-21 – Asheville, NC, Biltmore House. Leave the church on a James River Bus, and travel to Asheville, NC. After checking in at the Fairfield Inn, drive through the Biltmore Estate. Dinner will be the Seafood Buffet at the Oak Grove Park Inn.

Enjoy a continental breakfast on Saturday at the hotel before leaving for a self guided audio tour of the Biltmore Estate. It will then be lunchtime, after which you will leave for home.

The cost of the trip is \$250.00 per person.

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Reservations for both trips can be made with Rupert Rose at the church, 285-3256.

**JULY IS
NATIONAL ICE CREAM
MONTH**

SUMMERTIME: A TIME FOR FELLOWSHIP

CHARLES and WILLIE FISHBURNE will present a program of music at the meeting on **Tuesday, July 21st, at 10:30 a.m.** Charles is well known to Richmond as a local TV personality.

Children are always entertaining. The **MHBC DAY SCHOOL** will present the program on **Tuesday, August 18th, at 10:30 a.m.**

NIKKI and CHIP HEADLEY will make a return visit with a program of gospel music on **Tuesday, September 15th, at 6:00 p.m.** This will be a **covered dish** dinner meeting. Each member should bring a dish of meat, vegetables, salad, or dessert. Drinks and bread will be furnished.

Make this a great summer with friends. Attend the meetings and bring a friend.

NOMINATING COMMITTEE TO BEGIN WORK

It's time to begin thinking about electing officers and committee members for 2009-2010. Carol Bowman and Jean Thorp will be asking members to serve. Please say "yes" if asked, or volunteer to serve.

VOLUNTEERS ARE NEEDED

Volunteers are needed to assist the physically disabled at the Virginia Home on Hampton Street on Monday, July 20th, and August 17th, from 7:00 to 9:00 p.m. A group from MHBC had such a good experience on Love In Action Day, that they plan to go back this summer. The residents love to play bingo, but need someone to help them. Rupert Rose has the sign-up sheet. At least 15 volunteers are needed for each date.

SYMPATHY is extended to the family of Anita Harris who died on April 17th. She was an active and working member of Belles & Beaux until her health prevented her from attending.

A Note From Bill & Ann

We have been so fortunate and blessed by wonderful entertainers at our April, May and June meetings. In April, Dolph Moller made us smile with his humor and accordion playing. Jim Conner entertained us in May with stories, songs and banjo and harmonica playing. In June, we had a special surprise brought to us by the fantastic singers and musicians Nikki and Chip Headley and Mike Toney. They were a last minute replacement for the Homeward Bound group. God works in mysterious ways by making them available on such short notice.

We had 50 attendees in April, 51 in May, and 73 in June. Of course, all that good Baptist cooking was one of the reasons for the big turnout!

We are looking forward to more of B&B fellowship and entertainment in future months. Enjoy your summer and stay cool.

Belles & Beaux News

Percy Smith, Editor
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5716 Monument Ave
Richmond, VA 23226

Web site:

www.monument-heights.org

RETURN SERVICE REQUESTED

Richmond Baptist Association SENIOR ADULTS

Save this date!

Friday, October 16, 2009

**RBA Senior Adult Luncheon
Skipwith Baptist Church**

10:30 a.m. – Program

12 noon – Luncheon

More detail forthcoming!

THE GUESSING COOK

She guessed he pepper -- the soup was too hot.
She guessed the water -- it dried in the pot.
She guessed the sale and what do you think?
All day long she did nothing but drink.
She guessed the sugar -- the sauce was too sweet.
And by her guessing -- she spoiled the meat.
What is the moral? 'Tis easy to see.
A good cook measures and weighs to a "T".
--Louise Machich
